

What is Good Neighbours?

Good Neighbours provides low level support to older people who are living alone and are socially isolated.

We aim to increase independence and social contact, reduce feelings of loneliness and help people to re-engage with their local community.

Who is Good Neighbours for?

The service is open to individuals who are aged 65 or over, are living alone and who are socially isolated.

It is a low level support service offering once weekly volunteer visits of 1 to 2 hours per week for up to 12 weeks.

How much will it cost?

Good Neighbours is funded by West Sussex County Council and is available free of charge.

However, you will need to meet any associated expenses such as group or activity charges where applicable.

Get in touch

Could our volunteers help you or someone you know? If so, please get in touch with us:

Royal Voluntary Service.

Good Neighbours Coastal West Sussex & Crawley to Coast Hubs, covering Adur, Arun, Chichester, Crawley, Horsham and Mid-Sussex.

Telephone us on **01903 257 019**, email us on **gnwscoastal@royalvoluntaryservice.org.uk** or visit us at **royalvoluntaryservice.org.uk/volunteering**

Royal Voluntary Service is a national charity built on local volunteering, giving support to people who need it in our hospitals and communities.

For more information or to make a donation, please visit our website or our social media channels below.

In partnership with:



Connect with us

- royalvoluntaryservice**
- royalvolservice**
- @royalvoluntaryservice**
- royalvoluntaryservice.org.uk**



Volunteers do not replace carers and are never asked to provide personal care. Royal Voluntary Service is a registered charity 1015988 (England and Wales) & SC038924 (Scotland) and is a limited company registered in England and Wales with company number 2520413. All statistics and data correct at time of publication. CS4673_0425

GOOD
NEIGHBOURS

**ROYAL
VOLUNTARY
SERVICE**

We're here for you

**A confidence
boost when you
need it most**



Practical support when you need it

Sometimes you might need a little practical help to ensure you don't miss out on things you enjoy. The Good Neighbours service aims to increase social contact and independence, ensuring you stay active and involved in your local community.

A boost when you need it

Our volunteers are there to give your confidence a boost, by helping you to attend a local club, accompany you on a short walk or to visit the local shops, or meet up with old and new friends.



Tailored support

We are also on hand to put you in touch with other organisations across West Sussex that provide further advice and activities.

Since everyone is different, we can work with you to find support to meet your individual needs.

Friendly help, freely given,

All of our volunteers enjoy sharing their time to give support and companionship to those who need it the most.

Our thousands of volunteers are very different kinds of people from many walks of life, but they all agree that volunteering is hugely rewarding.

They undergo the proper checks and carry ID so you can be sure they are genuine and trustworthy.

For more information:

📞 01903 257 019
🌐 royalvoluntaryservice.org.uk
✉ gnwscoastal@royalvoluntaryservice.org.uk



**I am enjoying
meeting people and
doing activities again
- and it's fun!**

Helen
Service user, Stoke

