

List of useful websites to support people during Coronavirus pandemic - March 2020

General Advice and Support			
Organisation	Contacts	Comments	
NHS	Volunteering	https://www.goodsamapp.org/NHsvolunteerresponders	
	National Pandemic Advice	www.nhs.uk/conditions/coronavirus-covid-19/	
West Sussex County Council	Volunteering email	Volunteering@westsussex.gov.uk	For offers of volunteering to support services and the vulnerable contact West Sussex County
	West Sussex Community hub COVID 19	https://www.westsussex.gov.uk/leisure-recreation-and-community/supporting-local-communities/community-hub-covid-19/	Includes link for requesting support
	Council Services	www.westsussex.gov.uk/campaigns/coronavirus-covid-19/#1	
Arun District Council	Services	www.arun.gov.uk/coronavirus	
Age UK	Web	https://www.ageuk.org.uk/westsussex/	Information and Advice Telephone befriending Doorstep Deliveries Welfare and Safety Support Wellbeing advice.
	Phone	01903 731800	
	email	information@ageukwestsussex.org.uk	
	Coronavirus Page	https://www.ageuk.org.uk/information-advice/coronavirus/coronavirus/	Information on Coronavirus
Arun & Chichester Citizens Advice	Website:	www.arunchichestercab.org.uk	are ceasing their face to face work but are still available to support residents via telephone, email and post
	Adviceline Number	0344 477 1171	
	Adviceline (Mobile Phones Only):	0300 3300 650	
Gov.uk		https://www.gov.uk/guidance/government-advice-on-home-moving-during-the-coronavirus-covid-19-outbreak	

General and Mental Health

Organisation		Contacts	Comments
Pathfinder	Mental Health Services	https://www.pathfinderwestsussex.org.uk/	Advice, information and local services to support mental health
Mind	Coronavirus and your wellbeing	https://www.mind.org.uk/information-support/coronavirus-and-your-wellbeing/	General Information and support
Mental Health Foundation	Looking after your mental health during the Coronavirus outbreak	https://www.mentalhealth.org.uk/publications/looking-after-your-mental-health-during-coronavirus-outbreak	General Advice to address mental health and psychosocial aspects of the outbreak
Mencap	Mental Health	https://www.mencap.org.uk/advice-and-support/health/coronavirus-covid-19	General Information
Carers Uk	General Health	https://www.carersuk.org/help-and-advice/health/looking-after-your-health/coronavirus-covid-19	General Help and Advice for carers
Samaritans	Mental Health	https://www.samaritans.org/how-we-can-help/support-and-information/if-youre-having-difficult-time/if-youre-worried-about-your-mental-health-during-coronavirus-outbreak/	
Alzheimer's Society		https://www.alzheimers.org.uk/get-support/coronavirus-covid-19	Information for people affected by dementia and their carers/family

Employment and Finance

Organisation		Contacts	Comments
Federation of Small Businesses (FSB)		https://www.fsb.org.uk/campaign/covid19.html	Advice and guidance for small businesses and the self-employed
Money Advice Service		https://www.moneyadvice.service.org.uk/en/articles/coronavirus-what-it-means-for-you	rights to sick pay, what benefits you can claim if you're self-employed or not entitled to Statutory Sick Pay (SSP).
Step Change	Debt charity	https://www.stepchange.org/debt-info/coronavirus-affecting-finances.aspx	Help and advice on debt
ACAS		https://www.acas.org.uk/coronavirus	advice for employers and employees
Unison	Trade Union	https://www.unison.org.uk/coronavirus-rights-work/	Employees Rights
Citizens advice	Employment advice	https://www.citizensadvice.org.uk/work/coronavirus-if-your-employer-has-told-you-not-to-work/	Explanation of various schemes and support
Association of Independent Professionals and the Self Employed		https://www.ipse.co.uk/coronavirus-hub.html	Advice for freelancers and the self employed

Schools and Education

Organisation	Contacts	Comments
Department for Education	https://www.gov.uk/government/collections/coronavirus-covid-19-guidance-for-schools-and-other-educational-settings	guidance for schools and other educational settings
	https://www.gov.uk/government/publications/closure-of-educational-settings-information-for-parents-and-carers	Information for parents and carers about the closure of schools
	https://www.gov.uk/government/publications/coronavirus-covid-19-travel-advice-for-educational-settings	Advice for schools, students and staff, who are travelling or planning to travel during the coronavirus (COVID-19) outbreak
	https://www.gov.uk/government/publications/coronavirus-covid-19-cancellation-of-gcses-as-and-a-levels-in-2020/coronavirus-covid-19-cancellation-of-gcses-as-and-a-levels-in-2020	Details relating to Cancellation of GCSEs, AS and A levels in 2020
	https://www.gov.uk/government/news/further-details-on-exams-and-grades-announced	