



FERRING PARISH COUNCIL

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CORONAVIRUS (COVID 19)

WE ARE STRONGER TOGETHER!

PROMOTING THE GOOD NEIGHBOUR

The coronavirus (Covid 19) is presenting extraordinary challenges to us all. In these uncertain times, many of our Ferring community maybe required to self-isolate.

To be a good neighbour, think of their needs, especially the elderly and vulnerable. Give them a call or pop round to see them to check that they are ok and if they need anything.

NHS CORONAVIRUS UPDATES

Guidance relating to the coronavirus is rapidly changing. The NHS is a trusted source of information that can be found on their website www.nhs.uk/coronavirus.

CORONAVIRUS SCAMS

Please remember:

- Watch out for what could be scam messages and refrain for clicking on links or attachments in suspicious emails.
- When asked to do so, on a message or a telephone call, never give your personal details.
- Remain vigilant and never allow anyone unfamiliar into your home.

STAY AT HOME IF YOU HAVE CORONAVIRUS SYMPTOMS

Stay at home if you have either:

- a high temperature – you feel hot to touch on your chest or back
- a new, continuous cough – this means you've started coughing repeatedly

Do not go to a GP surgery, pharmacy or hospital.

You do not need to contact 111 to tell them you're staying at home